





18. The product of claim 16, wherein the total sugar is present in an amount of about 60 to 90 parts, and the palm oil is present in an amount of about 2 to 8 parts.

5 19. The product of claim 17, wherein the mango pulp is present in an amount of about 5 to 15 parts, the pectin is present in an amount of about 0.2 to 1.2 parts, and the citric acid is present in an amount of about 0.05 to 0.7 parts.

10 20. The product of claim 19, wherein the food item is an ice confection comprising at least one of ice cream, pudding, yogurt, popsicle, slush, or sorbet, the chewy transition temperature of the analogue is from about -12°C to -3°C, and the equilibrium relative humidity of the analogue is at least about 75%.